



A HEALTH POSITIVE WORKSTATION.



**ABAK
EXCHANGE™**



Herman Miller has always believed in the importance of furniture that supports a variety of positions and encourages movement. In the 1960s, before the term ergonomics was widely known, intuitive designers like George Nelson designed a stand up, roll-top desk for the Action Office line, and Robert Propst designed a “Perch”, which was a cross between a stool and a chair.





Support your ups and downs.

Abak Exchange is a height-adjustable workstation that allows you to move from sitting to standing at the touch of a button, bringing movement and versatility to the workspace. Accommodating all shapes and sizes, Abak Exchange can increase comfort levels, foster interactivity, and promote long-term health benefits.



Tests and Certification

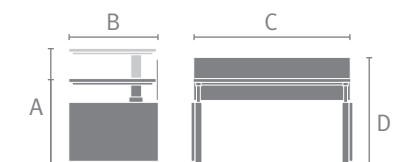
All actuators have been tested in accordance with the following standards:

- Electromagnetic compatibility
- EN61000
- Electric safety (low voltage directive)
- EN 50366
- EN 60335



General Dimensions

A height: (fixed) 740mm
A heights: (pin) 650 - 850mm
A heights: (crank) 650 - 850mm
A heights: (electric) 650 - 1250mm
B depth: 800 / 900mm
C modules lengths (electric): 1600 / 1800 / 2000mm
C modules lengths: 1200 / 1400 / 1500 / 1600 / 1800 / 2000mm
D height (screen top): 945 / 1045mm



Design for the Environment

Designed with the environment in mind, Abak Exchange is 60% recyclable and made from over 43% recycled content.



Warranty

Backed by our unique 12-year, 3-shift warranty, excluding electrical actuators and the mechanism (1 year).

For more information about our products and services or to see a list of dealers, please visit us at hermanmiller.com/asia. Samples are representative of the material to be supplied and may not indicate an exact match, some variation may occur.

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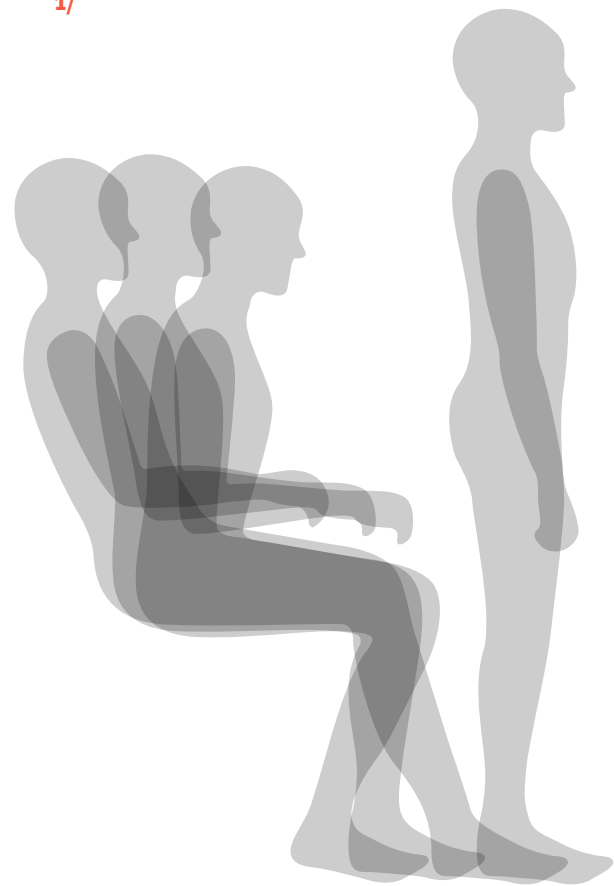
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1/ Sit To Stand Postural variation has been a central premise to Herman Miller design since Propst's groundbreaking Action Office emerged in the 1960s. What Propst understood through observation, research has since proven: the human body needs to move. We need to be intentional about putting movement back into work. A sit-to stand workstation allows you to alternate between sitting and standing throughout the day. This simple activity will refresh all your major and minor muscle groups, reduce the chance of back pain, and improve circulation.

2/ Incremental Height Adjustment Simple to operate, Abak Exchange allows you to move from a sitting position (ranging from 650mm to 850mm*) to a standing position (up to 1250mm*) at the press of a button. **3/ Synchronicity Mechanism** Abak Exchange features a robust synchronicity mechanism to ensure even height adjustment.

2/ 3/



4/ Proven Pedigree Abak Exchange is part of the proven and popular Abak Environments family. First introduced in Europe, Abak Environments was designed to meet the rigorous needs of the workplace – intelligent connection, instant flexibility and longevity of parts. And while Abak Exchange brings motorised height adjustability to the fore, Abak Environments has always been focused on the concepts of flexibility and adaptability, with a set of ergonomic components that can be reconfigured to meet individual needs. **5/ Merchandise With Arail**

Arail (an accessory monorail) enables you to accessorise with Abak Environments and Sense (including Sense electrics) accessory ranges. And when you move, be assured your accessories will come with you. Arail has been purposefully engineered to prevent 'rail hang' when workstation height is adjusted. **6/ High Performance Actuators**

Developed exclusively for Herman Miller and produced in Germany to stringent quality standards, Abak Exchange offers three high-performance height adjustment mechanisms: pin, crank and electric. For a perfect anthropometric sitting position, choose pin or crank adjustments: - pin (adjusts from 650mm to 850 mm*) - crank (adjusts from 650 mm to 850 mm*) For a complete range of positions, choose the sit to stand adjustment: - electric (adjusts from 650 mm to 1250 mm*)

*height measured from floor to top of work surface. **7/ Upgrading Made Easy** Adjust and adapt your workspace as your needs evolve. Abak Exchange actuators have been designed to be interchangeable, making upgrading from pin to crank to electric mechanisms easy and affordable.

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8/ Managing Technology Device holders and monitor arms can be installed onto Arail or directly onto the worksurface.



9/ Generous Knee Space Engineered to meet din/bs standards including minimum knee space (430 mm), Abak Exchange's recessed under structure allows full movement along desks without impediment.



10/ Versatile Design
Abak Exchange is based on a core platform that can be reconfigured and adapted with ease. In addition to sit-to-stand height adjustment, configurable components allow you to create different layouts - from single desks to asymmetrical clusters - using a variety of mechanisms. Precision engineering, clever use of materials, and the unique Arail tool bar allow you to define your individual workstyle.



Height-adjustability at the touch of a button to meet today's changing workstyles.

